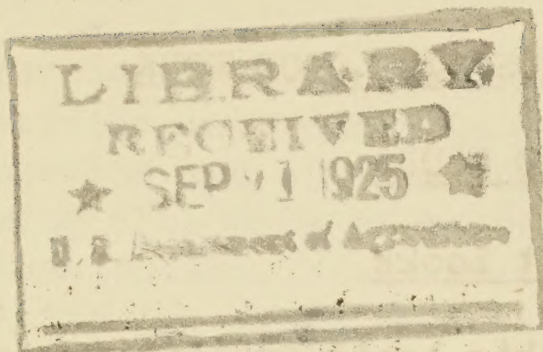


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UNITED STATES DEPARTMENT OF AGRICULTURE

Extension Service

Office of Exhibits

A Summary of the Exhibit

BREAD CLUBS

A booth exhibit showing the materials and methods used in making good bread; and how Club Work is popularizing home bread-making.

Specifications

Floor space - - - - - 13'3" front, 8'2"
Wall space - - - - - None. (deep.
Shipping weight - - - - - 650 lbs.
Electrical requirements - None.

BOYS AND GIRLS' 4-H CLUB WORK

BREAD CLUBS

How It Looks

The main idea in this booth exhibit is to set forth the importance of making bread of good quality in the home. The left section contains text concerning the chief ingredients used in good bread. On a shelf attached to the bottom of the section are imitations of flour, yeast, milk in a bottle, salt, sugar and fat.

The center section contains three pictures of processes of bread-making. The right section contains text describing bread properly made and baked. At the bottom of this section is an imitation loaf of bread. In the right hand corner is a cutout of strong healthy boy eating with apparent relish some of the freshly baked bread.

On the floor in the center of the booth stands a cutout representing the interior of kitchen. Behind the table stand three club girls who made up the champion bread-making team in their State.

The booth is 13 feet 3 inches across the front, 8 feet 2 inches deep and 7 feet 11 inches high.

What It Tells

Bread club work not only improves present practices in the home, but it affords an assurance for the future by helping to train girls for the time when they will make homes for themselves and will be called upon to assume community responsibility and leadership.

Each year, thousands of the older girls and even the boys, report having done all the baking for their families. Many mothers are willing that their boys and girls learn to bake and cook during their busy hours in the kitchen since in turn, these young people will help them with the general household work, which at one time was a drudgery but has changed to interesting work and even play through the influence of club work.

Foreign-born boys and girls in rural districts are especially interested in making bread. They rarely miss a meeting and often bring their parents with them, thus making club work of benefit in the broad movement of Americanization.

After the girls have been taught the new and better methods of bread making, they put them into practice often teaching their mothers what they have learned, which helps to make a mother and daughter partnership in the kitchen. The club members learn that materials of the best quality are used for good wholesome bread. A special effort is being made to show the place of whole grain in the diet which is valuable for minerals and vitamins. The use of the bread-mixer, the proper handling of yeast, the making and scoring of light bread, biscuits, and muffins, help to create a higher standard of workmanship.

Team demonstration work gives club members an added incentive to develop skill in their work and also arouses the curiosity and interest of adults. It gives them confidence in themselves so that they are able to make an explanation or plead a cause in a clear, telling manner. It develops initiative and inspires interest.

Exhibits of bread show the public as well as the club members the accumulated results of the club work. They give the public an idea of what its future citizens are taught about the "staff of life".

From a recent account, it was found that 36,000 farm girls were enrolled in bread clubs conducted by extension workers cooperatively employed by the U.S. Department of Agriculture and State agricultural colleges, and they baked over 415,000 loaves of bread in a year. In other words 36,000 girls learned by practice what it takes to make a good loaf of bread and how to make it.

Where to Get Information

Information on the activities of Boys and Girls' 4-H Club Work may be obtained free of charge from the following sources:-

- 1.- County Extension Agents
- 2.- State Agricultural Extension Service at the College of Agriculture
- 3.- U.S. Department of Agriculture, Washington, D. C.
- 4.- State and Federal Reports on Farm Boys and Girls' 4-H Club Work

Where to Get Information